



# The Canadian Epilepsy Alliance presents **PURPLE DAY**<sup>TM</sup>

## Testimonials from Across Canada

A special day to show your support by wearing purple and to show you care. Assist those living with epilepsy to know that they are not alone.

### Acadia – Age 9

*"I have had epilepsy since I was 5 years old. I have been on many different medications and none of them have been able to stop my seizures. I never let my seizures get in the way of doing the things I want. I ride horses, take swimming lessons, I was on the track and field team at school and I like math. I am also a cub scout and enjoy camping with my pack in the summer and winter. Last year, my school held its first purple day because I asked them to. I got to explain to my whole class what epilepsy was and what happens to me when I have seizures. Everyone that wore purple was allowed to get a ticket for a draw for a big prize. It was a huge basket of purple school supplies. I didn't win but almost every single person in the school wore purple including the teachers. With my Mom's and teacher's help, it was a huge success! My Cub leaders let all the cubs wear purple as part of their uniform that night and I also told them all about my seizures."*

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### Kristen – Age 31

*"When I saw Cassidy Story linked from the Girl Guides website it brought tears of joy to my eyes. I can remember all the challenges I had with epilepsy and Cassidy reminded me of myself and wanting equality in the world. When I was younger I had to complete my high school at home because my seizures and the school insurance. When I had my first child it triggered my epilepsy, they told me I shouldn't have any more children, I did have my second child in 2001. I worked several jobs over the years and feared telling my employers. I told one company and they wouldn't hire me because of my epilepsy. It would be an honour to be an ambassador and to help Cassidy bring awareness about Purple Day and Epilepsy."*

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### Holly- (Parent)

*"I am a parent of a child who has seizures. It is my hope that businesses and schools will embrace Purple Day. Knowledge and understanding will have a long term positive effect on our children."*

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### Faith & Family – Purple Day

*"I became an ambassador for Purple Day last year, and I am really looking forward to being one again this year. I was diagnosed with Epilepsy when I was 3 years old. Last year I created the Perfect Purple Poster Contest at my school, and with the help of my dad, made a website, [www.theperfectpurpleposter.com](http://www.theperfectpurpleposter.com). I am in Junior High this year, and at a new school so I am super excited!! I am planning a Wacky Purple Outfit Day for my school. I can't wait! My family and friends are all very supportive of me, and help me bring awareness to Epilepsy."*  
*Parents: "Our businesses are thrilled to support Purple Day and Epilepsy again this year"*

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### Cassidy Megan (founder of Purple Day)

*"I love that I have made a whole lot of friends from all around the world since starting Purple Day and I am proud of all of us, because we are helping people everywhere learn and be aware. I would really like it if you would continue to support Purple Day and help me and other people around the world learn about epilepsy. Please also let them know we aren't alone. Please continue to pass the word around and spread awareness. I am so happy and excited that Purple Day has gotten so big from all of our hard work. It is so exciting to think just how big it will keep growing every year with all of us working together!"*

Thank you again. YOU ROCK!!!

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For more information visit  
[www.epilepsymatters.com](http://www.epilepsymatters.com) or call  
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