I have complex partial seizures. Would you know how to help me?

A PERSON HAVING A COMPLEX PARTIAL SEIZURE:
May seem confused and looks like they are daydreaming
May smack their lips or wring their hands
May pick at their clothes, mumble or wander around
Will not understand what you are saying

COMPLEX PARTIAL SEIZURES ARE OFTEN MISTAKEN FOR SUBSTANCE ABUSE, MENTAL ILLNESS OR BAD BEHAVIOR

HOW YOU CAN HELP:
Check medical I.D. for epilepsy
Stay away if the person seems angry
Guide person away from danger
Do not hold the person down
Stay with the person until they are completely awake and can talk with you

CALL 911 IF:
The seizure lasts longer than 5 to 10 minutes
The person has two or more seizures without becoming fully awake and aware between seizures